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Disaster Preparedness

Planning for an Evacuation

1. Know the disasters most likely to affect your area. (In our region, earthquakes, flooding, and mudslides are among the largest threats.)
2. Pick two meeting places--one outside your home in case of a fire and another further away in case evacuation of your neighborhood or community is necessary. Discuss ways to safely reach these destinations
3. Find out the policy of your local school concerning release of your children in an emergency, such as an earthquake.
4. Choose an out-of-state contact person that you and your family can check in with should you be separated.
5. Post and review emergency numbers important to your family and your specific community (see the list below).
6. Meet with your neighbors and local authorities to discuss ways to help each other in the event of a disaster.
7. Review basic first aid and CPR techniques.

Preparing a Survival Kit

For more information, see the Department of Homeland Security Website - www.ready.gov

____Food - Should be non-perishable and ready to eat without preparation.

Suggested items include canned meats, fruits and vegetables, peanut butter, granola bars, crackers and trail mix.

____Water - One gallon per person per day should be stored in safe durable containers. It's recommended that you include a three-day supply for each person in your family.

____Additional Supplies - Items should be added for your specific environment. For example, additional blankets and rain gear, a flashlight with extra batteries, matches and signal flares.

***Keep in mind any specific medical conditions you or a family member may have as well as the special needs of small children, infants, and elderly family members.

Local Emergency Contacts

- Santa Cruz County Office of Emergency Services: (831) 458-7150
Santa Cruz County Sheriff's Office: (831) 471-1121 www.scsheriff.com/
- Santa Cruz County Public Works: (831) 454-2160 www.dpw.co.santa-cruz.ca.us/
- San Mateo County Office of Emergency Services: (650) 363-4790 www.smcsheriff.com/oes
- San Mateo County Sheriff's Office: (650) 363-4911 www.smcsheriff.com/
- San Mateo County Office of Public Works: Emergency: (650) 363-4100 Non-Emergency: (650) 363-4103
- Santa Clara County Office of Emergency Services: (408) 808-7800
www.sccgov.org/site/0,4760,sid%253D13026,00.html
- Santa Clara County Sheriff's Office: (408) 808-4900
www.sccgov.org/site/0,4760,sid=12655,00.html

- Santa Clara County Public Health Department Office of Disaster Medical Services: (408) 793-2020
www.scvmed.org/channel/0,4770,chid%253D336304%2526sid%253D12072,00.html
- Santa Clara County Water District: (408) 265-2600
www.heynoah.com
- Federal Emergency Management Agency www.fema.gov/preparedness
- National Weather Service: (831) 656-1725 www.wrh.noaa.gov/mtr/